

< Big ideas

Distance Learning: Start Strong With These Back-to-School Resources for Families and Educators



By The Understood Team



Understood's resources for educators are backed by research, vetted by experts, and reviewed by classroom teachers.



For many students, going back to school this year means going back to distance learning because of the [coronavirus](#). Last spring's sudden shift to remote learning was hard for many families and teachers. Use these distance learning resources for a strong start to the new school year.

Families

- [8 Ways Distance Learning Makes It Harder to Focus](#)
- [7 Examples of Focus “Wins” When Kids Are Learning at Home](#)
- [Download: Picture Schedules and Learning Contracts for Kids](#)
- [Live Video Lessons: 5 Ways Kids Struggle and How to Help](#)
- [Download: Family Guide to At-Home Learning](#)

Educators

- [How to Plan Online Lessons With Universal Design for Learning \(UDL\)](#)
- [Distance Learning: 6 UDL Best Practices for Online Learning](#)
- [Online Assignments: Best Practices to Use With Students](#)
- [IEP Accommodations During Distance Learning](#)
- [Co-Teaching Tips for Distance Learning](#)
- [Teachers Reflect on Distance Learning](#) (video)
- [5 Reasons Students Aren't Engaging in Distance Learning](#)
- [Reaching Students Who Disappeared During Distance Learning](#)
- [Tips From a Teacher on How to Lead Remote IEP Meetings](#)
- [Teacher Videos: 5 Reasons Why Making Your Own Videos Can Help With Distance Learning](#)

Wondering how to improve parent-teacher communication during this unique back-to-school season? Get tips in this video.



Share



About the Author

The Understood Team is made up of passionate writers, editors, and community moderators. Many of them learn and think differently, or have kids who do.

Did you find this helpful?



Stay informed

Sign up for weekly emails containing helpful resources for you and your family

Email address

✉ [Subscribe](#)

By signing up, you acknowledge that you reside in the United States and are at least 13 years old, and agree that you've read the [Terms and Conditions](#). Understood.org does not market to or offer services to individuals in the European Union.



[About us](#)
[Our mission](#)
[Join our team](#)
[Our experts](#)
[Media center](#)
[Contact us](#)
[Our partners](#)
[Privacy policy](#)

[Terms of use](#)
[Sitemap](#)

Follow Us

