

## Quiet, Cozy Celebrations: Curl Up With a Good Book

*There's never a bad time to share a book with your little one. But the holidays provide a special opportunity to connect with family members through books that celebrate traditions.*

*Check out this collection of stories that celebrate the many ways you can build traditions with your child all year long. Find some quiet time away from the holiday hubbub, curl up, and enjoy!*

### ***Birth to 3 years***

Young toddlers are just beginning to understand the order of a typical day: naptime follows lunch, night-time follows day. At this stage, your child will enjoy focusing on things babies do all day, such as the activities captured in simple board books like Helen Oxenbury's *Playing* and *Helping*, or the routines described in *Goodnight Moon* by Margaret Wise Brown or *Time for Bed* by Mem Fox. Next year, your little one will be ready to read about the family traditions described below.

#### ***Bee-Bim Bop!* By Linda Sue Park and Ho Baek Lee.**

Bouncy rhymes and adorable illustrations will leave you “hungry hungry hungry for some BEE-BIM BOP,” a traditional Korean dish of rice mixed with meat and vegetables. This colorful story shows all the steps from shopping to eating together.

#### ***Cook It!* by Georgie Birkett.**

Dad makes pizza, and his young daughter assists from start to finish. Detailed illustrations and minimal text invite conversation about what's happening on the page.

#### ***Every Friday* by Dan Yaccarino.**

Every Friday, rain or shine, a boy and his father have breakfast together at the diner. Getting there, and greeting everyone they see on the way, is half the fun.

***Kitchen Dance* by Maurie J. Manning.**

Two children wake up to the sounds of clattering dishes, laughter, and music coming from the kitchen. They tiptoe downstairs to join their parents in a dance that's "a circle of family" and ends in a lullaby. Good bedtime reading.

***Marigold Bakes a Cake* by Mike Malbrough.**

Marigold the cat leads an orderly life, and Monday is baking day. All goes according to plan until he's joined by a pigeon, a finch, and a loon who turn his kitchen into chaos.

***Pizza Day* by Melissa Iwai.**

While Mom heads to work, father and son head to the garden to harvest ingredients for ... pizza!

***Red Rubber Boot Day* by Mary Lyn Ray and Lauren Stringer.**

What can you do on a rainy day? You can smell the rain, draw your favorite things, splash in puddles, and more! Vivid illustrations show the world from a variety of perspectives.

***Soup Day* by Melissa Iwai.**

Mom and daughter shop together, chop together, and enjoy the soup they make together. This simple story features colors, shapes, numbers, and the warmth of family life.

***To Market, To Market* by Nikki McClure**

With beautiful cut-paper illustrations, this book is a poetic celebration of a mother and son's weekly visit to a bustling farmers' market: "Today is Market Day. We hear the bell ringing. Everyone is gathering. The whole town is here."

***Yes Day!* By Amy Krouse Rosenthal and Tom Lichtenheld.**

The young narrator knows that often parents say “no” or “not today.” But everything changes on “Yes Day,” when no request is too silly.

References:

Kinsner, K, Dec. 11, 2018. [Quiet, Cozy Celebrations: Curl Up With a Good Book • ZERO TO THREE](#)